

THE VISIONARY METHOD
For Christian Practice™

The
VMFCP Press

FREE INTRODUCTION

CALLING

SPECIAL EDITION

Identifying
Basic Standards
Sins

Chinasom U Elekwachi

Foreword

The teachings of this book are not old nor new, but are simply of the Truth—the Truth in words that are easily understood.

¹³ This is the end of the matter. All has been heard. Fear God and keep his commandments; for this is the whole duty of man. ¹⁴ For God will bring every work into judgment, with every hidden thing, whether it is good, or whether it is evil. ~ Ecclesiastes 12:13-14”

Dedication I

In honour of the Lord, the Most High God, and
the Creator of Heaven, Earth and all that's in them.

May this book bring many into Your salvation, the Salvation made possible by Your sacrifice on the cross, which was born out of Your steadfast love for those who You have called Your own—and by the acts of your Prophets, Apostles, Servants and Scribes who labored through many acts of persecution, tribulation and troubles to grant many generations Your Word and Truth.

May those who truly seek salvation find it, for it is by Your grace alone that anyone is saved. It was my love for Your commandments and ways that this book came to be, as it was only through the grace of Your wisdom, and the understanding that I gained by living a Christian lifestyle (Christian Practice), that I am able to pass on this teaching to others, and so, my hope is that this book remains a testament to my wholehearted faith and love of the Lord, my God.

Thanks be to God the Father and the Lord Jesus Christ for Yours is the Kingdom, the Power and the Glory forever and ever. Amen.

All Rights Reserved. Copyright © 2021.

All content including the cover, text, diagrams and graphics are copyright of the author. The modification, translation, reproduction or utilization of this work in whole or in part in any form via electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is prohibited without the permission of the author. Furthermore, “The Visionary Method For Christian Practice” and The VMFCP Press Phrase & Logo (registered) are trademarks of the author, Chinasom Uzodimma Elekwachi. Therefore, now and hereafter the content of this book is prohibited for use in all non-commercial or commercial purposes including teaching or any other purpose . This book is for private use only i.e. showing it to and discussing it with your peers, colleagues, friends and family members.

Cover Design: Chinasom Uzodimma Elekwachi

Editor and Proof-reader: Nnamdi Elekwachi, Chioma Maria-Goretti Elekwachi, and Chinasom Uzodimma Elekwachi

Publication Date : 8 June 2021

All Scripture quotations are true and faithful copies taken from the ‘Holy Bible: World English Bible Version’, published by Bible Domain Publishing in 2016 (Public Domain Work)–ISBN-13:978-1530857654, and ISBN-10 1530857651.

This book contains journaling activity examples (exemplars), which were created for the purpose of Christian education, therefore, the activity exemplars do not in any way represent the author’s personal circumstances or experiences.

This book is recommended for adults aged 18+

Disclaimer

The material in this book including The Visionary Method for Christian Practice™ is strictly for Christian educational purposes i.e. it is not needed to be a Christian, it is simply a tool that can be used to help in the process. The author (Trademark owner) does not claim the contents of this book to be a substitute or replacement for any type of professional medical, health or psychological advice, but the services are a religious and spiritual alternative that may be informed by the theoretical knowledge of these professions. This means that the outcome of its use is solely between the consumer (any entity that utilizes this book i.e. viewing, reading or hearing) and the Lord, the Most High God. Hence, the author remains independent, and is in no way or form an agent of the consumer, who employs their own agency (choice) to use, follow or not follow the information and advice provided in this book. As a result the author and its affiliates does not assume and hereby disclaims any liability, and issues no warranty to the consumer or any party for any trouble, loss, damages (including illness, injury or death) or disruption that may occur as a result of Christian practice and/or worship, particularly in association with any Force Majeure event.

“Force Majeure” means any cause beyond the control of the author and its affiliates including but not limited to, any act of God, war, riots, acts of the public enemy, other parties, fires, strikes, labor disputes, accidents, or any act in consequence of compliance or defiance with any order of any government or governmental authority. Therefore, the consumer of this book through any means shall defend, indemnify and hold harmless the author and its affiliates from and against any and all claims, actions, demands, liabilities, losses, damages, judgements, settlements, costs and expenses, including all attorneys’ fees. Hence, by using the book you accept the terms and conditions of its use.

The author has made every effort to ensure that the information in this book was correct at the time of publishing; hence, the author and its affiliates does not assume and hereby disclaims any liability and issues no warranty to the consumer or any party caused by errors or omissions, whether such errors or omissions result from negligence, accident, or for any other cause arising out of the use of this book, or the inability to use this book.

**Some Extra
Examples of Basic
Standards Sins &
What They Can
Look Like in Real
Life**

**This should help with The RER
activity as it provides a simple and
effortless starting guide for stopping
non-Christian actions.**

Glossary

THE VISIONARY METHOD FOR CHRISTIAN PRACTICE™ BASIC STANDARDS

The Ten Commandments

1. God should be your only God.

You should not swear an oath to, worship or serve another god.

Commandment...

- *Exodus 20:3—³ “You shall have no other gods before me.*

Additional Supporting Scripture...

- *Matthew 6:24—²⁴ “No one can serve two masters, for either he will hate the one and love the other, or else he will be devoted to one and despise the other. You can’t serve both God and Mammon.*
- **NOTE:** Mammon is money or possessions (material wealth) typically gained by ill-gotten/unsavory means.

Examples of what this sin looks like in real life

- Continuing the practices of other gods i.e. not living a Christian lifestyle.
- Accepting money, benefits or assets from the occult for attempting “tasks”, particularly “tasks” in association with Christian persecution, which would be illegal and criminal offenses if authorities and police were not complicit.

Glossary

THE VISIONARY METHOD FOR CHRISTIAN PRACTICE™ BASIC STANDARDS

The Ten Commandments

2. Do not use idols or images in your worship of God.

You should not use idols or images that represent God, or any other person or entity for the purpose of worship.

Commandment...

- *Exodus 20:4-6*—⁴ “You shall not make for yourselves an idol, nor any image of anything that is in the heavens above, or that is in the earth beneath, or that is in the water under the earth: ⁵ you shall not bow yourself down to them, nor serve them, for I, Yahweh your God, am a jealous God, visiting the iniquity of the fathers on the children, on the third and on the fourth generation of those who hate me, ⁶ and showing loving kindness to thousands of those who love me and keep my commandments.

Additional Supporting Scripture...

- *1 John 5:21*—²¹ *Little children, keep yourselves from idols.*
- *Acts 17:29*—²⁹ *Being then the offspring of God, we ought not to think that the Divine Nature is like gold, or silver, or stone, engraved by art and design of man.*

Examples of idols and images....

- **IDOLS** (sometimes referred to as icons or symbols): cross/crucifix.
- **IMAGES:** Any type of picture or figure (statue) that represents God (Christ) or other Christian figures such as saints (including the Virgin Mary), angels or representations of other gods. The simple solution is to stop using them in worship and prayer, or put them away in storage.

Glossary

THE VISIONARY METHOD FOR CHRISTIAN PRACTICE™ BASIC STANDARDS

The Ten Commandments

3. Do not use God's Name in vain.
You should not misuse God's Name.

Commandment...

- *Exodus 20:7—⁷ “You shall not misuse the name of Yahweh your God, for Yahweh will not hold him guiltless who misuses his name.*

Further explanation of misusing God's Name...

- (a) You should not use God's Name deceitfully i.e. saying that God approves of “this, or that”, when He does not.
- (b) You should not call God your God if you WILLINGLY CHOOSE not to follow God's commandments as He asks and expects.
- **NOTE:** The Lord provided the Bible so that you can check what conduct and lifestyle He does and does not approve of. These things are written plainly (clearly, not in metaphors) and are often repeated throughout the Bible i.e. Galatians 5:19-21, 1 Corinthians 6:9-10, Matthew 15:19, 2 Timothy 3:1-5, Romans 13:13, and Colossians 3:5-9.

Examples of what this sin looks like in real life

- Claiming to be a Christian prophet while serving another god, performing false miracles or miracles that come from Satanic or demonic power.

Glossary

THE VISIONARY METHOD FOR CHRISTIAN PRACTICE™ BASIC STANDARDS

The Ten Commandments

4. The Sabbath is flexible.

You are allowed to celebrate the Sabbath day however you like. The main point is to acknowledge the Lord and His Sabbath day. The Sabbath day is the original seventh day of the week (Saturday).

Commandment...

- *Exodus 20:8—⁸ “Remember the Sabbath day, to keep it holy. ⁹ You shall labor six days, and do all your work, ¹⁰ but the seventh day is a Sabbath to Yahweh your God. You shall not do any work in it, you, nor your son, nor your daughter, your male servant, nor your female servant, nor your livestock, nor your stranger who is within your gates; ¹¹ for in six days Yahweh made heaven and earth, the sea, and all that is in them, and rested the seventh day; therefore Yahweh blessed the Sabbath day, and made it holy.*

Additional Supporting Scripture...

- *Colossians 2:16 - ¹⁶ Let no one therefore judge you in eating, or in drinking, or with respect to a feast day or a new moon or a Sabbath day,*

Glossary

THE VISIONARY METHOD FOR CHRISTIAN PRACTICE™ BASIC STANDARDS

The Ten Commandments

5. Respect your parents.

You should be respectful towards your parents.

Commandment...

- *Exodus 20:12—¹² “Honor your father and your mother, that your days may be long in the land which Yahweh your God gives you.*

NOTE: Being respectful to your parents teaches you how to be respectful to other people as well.

Additional Supporting Scripture...

- *Mark 10:19—¹⁹ You know the commandments: ‘Do not murder,’ ‘Do not commit adultery,’ ‘Do not steal,’ ‘Do not give false testimony,’ ‘Do not defraud,’ ‘Honor your father and mother.’”*

Examples of what this sin looks like in real life

- Disrespecting your actual parents i.e. not doing what they tell you to do or insulting them out of disobedience.
- Disrespecting God’s commandments (Heavenly Father), or that of His servants, whether they are your Christian mother, brother or sister i.e. someone who instructs or teaches you about Christianity in any format.

Glossary

THE VISIONARY METHOD FOR CHRISTIAN PRACTICE™ BASIC STANDARDS

The Ten Commandments

6. Do not commit murder.

You should not attempt to kill, or actually kill another person. Nor should you act in a manner intended to drive another person to kill themselves or kill their soul (destroy their identity).

Commandment...

- *Exodus 20:13*—¹³ “You shall not murder.

Additional Supporting Scripture...

- *Matthew 5:21*—²¹ “You have heard that it was said to the ancient ones, ‘You shall not murder; and ‘Whoever murders will be in danger of the judgment.’
- *1 John 3:15*—¹⁵ *Whoever hates his brother is a murderer, and you know that no murderer has eternal life remaining in him.*
 - **NOTE:** Racism is based on a man-made social hierarchy of the worlds different races i.e. it supports human inequality. However, in Christianity all are considered equal, because all are one in Christ (Galatians 3:28). Therefore, because a racist chooses not to accept the people of another race as equal, they are unable to enter the New Covenant. Furthermore, the behaviour and actions (practices) associated with racism are the opposite of love i.e. hatred. As for why racism is equated to “murder” in the Bible: one of the main aims of racism is to cause self-hatred, an inferiority complex, and the “worship” of another race, which is consistent with the loss of identity. Therefore, racism kills the soul i.e. the one-of-a-kind identity and emotional profile that encompasses each person’s unique existence.

Glossary

VISIONARY METHOD FOR CHRISTIAN PRACTICE™ BASIC STANDARDS

The Ten Commandments

7. Do not commit adultery.

You should honor your marriage vows.

Commandment...

- *Exodus 20:14*—¹⁴ “You shall not commit adultery.

NOTE: Marriage (and romantic relationships) should be between a husband (man) and wife (woman), and intimacy should not occur/continue before a formal vow of marriage has taken place, which is an acknowledgement of the union before the Lord. A marriage vow can be said in a sincere prayer to the Lord, and should involve both parties. This is important for engaged couples who are already intimate and are wholeheartedly genuine in their commitment to one another. This is because the act of sex is what spiritually determines a marriage according to God’s Word, as indicated by the Scripture 1 Corinthians 6:16-18, and is supported by the Scripture John 4:17-18.

Additional Supporting Scripture...

Matthew 19:4-6—⁴ He answered, “Haven’t you read that he who made them from the beginning made them male and female, ⁵ and said, ‘For this cause a man shall leave his father and mother, and shall be joined to his wife; and the two shall become one flesh?’ ⁶ So that they are no more two, but one flesh. What therefore God has joined together, don’t let man tear apart.” **i.e. marriages not ordained by God like “dead weight marriages” are not counted.**

Glossary

VISIONARY METHOD FOR CHRISTIAN PRACTICE™ BASIC STANDARDS

The Ten Commandments

8. Do not steal.

You should not try to steal, or steal something that does not belong to you. Nor should you try to possess something through illegal or unsavory means.

Commandment...

- *Exodus 20:15—¹⁵ “You shall not steal.*

Additional Supporting Scripture...

- *Matthew 19:17-18—¹⁷ He said to him, “Why do you call me good? No one is good but one, that is, God. But if you want to enter into life, keep the commandments.” ⁸ He said to him, “Which ones?” Jesus said, ““You shall not murder.’ ‘You shall not commit adultery.’ ‘**You shall not steal.**’ ‘You shall not offer false testimony.’*

Examples of what this sin looks like in real life

- Stealing an item from a store, place (online, offline or digitally) or person.
- Misusing another person’s intellectual property without acknowledgement or reference; or without permission, which is to disrespect their choice of NOT permitting the use of their intellectual property.
- Cybercrime and hacking attempts to illegally and wrongfully obtain personal or professional information to commit further acts of harm, theft or fraud.

Glossary

VISIONARY METHOD FOR CHRISTIAN PRACTICE™ BASIC STANDARDS

The Ten Commandments

9. Do not falsely accuse other people or spread lies about them. You should not slander other people, or falsely accuse them of things that are not true.

Commandment...

- *Exodus 20:16*—¹⁶“You shall not give false testimony against your neighbor.

Additional Supporting Scripture...

- —*Matthew 19:17-18*—¹⁷He said to him, “Why do you call me good? No one is good but one, that is, God. But if you want to enter into life, keep the commandments.” ⁸He said to him, “Which ones?” Jesus said, “‘You shall not murder.’ ‘You shall not commit adultery.’ ‘You shall not steal.’ **‘You shall not offer false testimony.’**”

Examples of what this sin looks like in real life

- Repeating something you already know is a lie, whether it is about a person or anything associated with that person. For example, someone telling lies about a “friend” to their best friend in the effort to replace the best friend OR telling lies about a woman because you want to steal their boyfriend or husband OR lying about someone's business to eliminate the “competition” OR creating false documents, profiles or accounts in someone’s name.

Glossary

VISIONARY METHOD FOR CHRISTIAN PRACTICE™ BASIC STANDARDS

The Ten Commandments

10. Do not be jealous or envious of other people's lives.

You should not be jealous or envious of other people, nor of anything that is their possession.

Commandment...

- *Exodus 20:17—¹⁷ “You shall not covet your neighbor’s house. You shall not covet your neighbor’s wife, nor his male servant, nor his female servant, nor his ox, nor his donkey, nor anything that is your neighbor’s.”*

Additional Supporting Scripture...

- *Colossians 3:5—⁵ Put to death therefore your members which are on the earth: sexual immorality, uncleanness, depraved passion, evil desire, and covetousness, which is idolatry.*

NOTE: In the Bible, covetousness (jealousy or envy) is mentioned as being equal to idolatry in terms of its severity as a sin. This means that God greatly disapproves of jealousy/envy.

Examples of what this sin looks like in real life

- Choosing to act in a manner that is harmful to other people, whether it is associated with their reputation or livelihood because you are not content. For example, making negative or unnecessary comments about someone's house, car, clothing, figure or hair because you don't have the same OR purposefully only complimenting someone to ruin the self-esteem of the person next to them i.e. the person who you are actually jealous of.

FINAL NOTE

The period of time between my baptism by water and being baptized by the Holy Spirit was approximately 3 months, yet prior to that I had already met the standards that became ‘The Rules of Righteousness’ (without knowing it at that time, i.e. committed no sins that lead to ‘death’, 1 John 5:17). Therefore, there is no defined timeframe for change to occur, but salvation is for those who truly begin and continue to change. Hence, Christian Practice (lifestyle) is a process that occurs over time. Therefore the most important part is having **faith**, which is demonstrated by an authentic belief in the Word of God as a document of Truth; a genuine intention to change; the **hope** that God will help you change; and pro-actively making changes in your lifestyle. Together, these three elements demonstrate a good conscience and **love** towards God and other people, because to love God is to keep His commandments, and to love your neighbor is to do no evil towards them by any means: **1 Corinthians 13:13**—¹³ *But now faith, hope, and love remain—these three. The greatest of these is love.* Above all, Christianity is upheld by faith because it’s from faith that hope in God, and a love for God and others arises, and so, those who live by faith are the ones who have faith, hope and love. Therefore, it is through the Christian Faith that a culture of true peace, love and righteousness is born anew. After all it is written in John 3:3—³ *Jesus answered him, “Most certainly, I tell you, **unless one is born anew, he can’t see God’s Kingdom.**” i.e. repentance*



ABOUT THE AUTHOR

The author, Chinasom Uzodimma Elekwachi, has a background in scientific research and experience in teaching and education, which are skills, experiences and knowledge that have contributed greatly to the creation of this book. This book contains Bible study commentary from the author's personal faith journals, which have been remodelled and stylized for the purpose of Christian education. The wisdom of this book is the result of many years of Biblical study, research and Christian practice (lifestyle)—all of which was given by the grace of God, so that many may come into His salvation.